

## Tools for Curiosity Collections

<p>Part of the work in managing our wellbeing is making sure we engage in activities that spark our curiosity and see us take part in hobbies and interests. This guide looks at some social networks and ways in which we can share and discover new interests online. This process of creating collections and gathering ideas can improve cognitive development which supports an active mind.</p>		
1	<p>There are many online tools or applications to support cognitive development along with researching hobbies and interests. It is important to find one that suits your lifestyle and learning style.</p>	<p>Five top free apps to use are:</p> <p><a href="http://www.pinterest.co.uk">www.pinterest.co.uk</a></p> <p><a href="http://www.flickr.com">www.flickr.com</a></p> <p><a href="http://www.fancy.com">www.fancy.com</a></p> <p><a href="http://www.rememberthemilk.com">www.rememberthemilk.com</a></p> <p><a href="http://www.altova.com">www.altova.com</a></p>
2	<p>We are going to take a look at Pinterest during this guide.</p>	<p><a href="http://www.pinterest.co.uk">www.pinterest.co.uk</a></p> <p><b>Pinterest</b> is a well-known app and website for desktop computers, smartphones and tablets. It allows you to discover recipes, home ideas, style inspiration whilst connecting with likeminded people.</p>
3	<p><b>Flickr</b></p>	<p>Flickr is an image and video hosting service that is easy to use and offers public or privacy settings. You can use this to upload photographs and images to the internet.</p>
4	<p><b>Fancy.com</b></p>	<p>Fancy.com is a place to research and discover amazing things curated by a global community You can discover and collect the things you love there and there is even an option to buy things.</p>

5	<b>Remember the Milk</b>	Remember the Milk is an app and website that allows you to manage your tasks and time better.
6	<b>Altova</b>	Altova allows you to catalogue any collection - whether it's comprised of actual objects such as books, CDs, or watches. You can also create lists for being active such as walks or runs and you can create birthday lists, shopping lists and even a bucket list.
7	<p>We are going to look more in-depth at <b>Pinterest</b> within this session including creating a free account.</p> <p>To creating an account we are going to use <b>Google</b>. In the google search bar type <b>Pinterest</b>. From the search result list, choose the option that is the same as below.</p> <p><u><a href="#">Pinterest</a></u> Create an account or log in to Pinterest. Discover recipes, home ideas, style inspiration and other ideas to try.</p>	
8	You'll then need to complete a registration form to create a Pinterest account. Complete the registration form. For this you'll need your email address and a secure password.	

<p>9</p>	<p>You will be asked to pick five of your favourite topics this will enable Pinterest to create top picks for you and mould the content around your interests.</p> <p>You can also type in interests to generate a more refined search, as the picture opposite shows. You can search for <b>anything</b>.</p> <p>The blocks at the top of the page will improve your search further.</p>	
<p>10</p>	<p>When you have discovered something that captures your interest hover over the picture and press the save button with a left click of the mouse, this will automatically be saved to your collections.</p>	
<p>11</p>	<p>You can have as many collections as you want and choose to personalise them by adding titles.</p> <p>You can also share ideas instantly with friends by pressing share.</p>	