

Quizzes

This week we have detailed some quizzes that can be completed online.

1. There are no right and wrong answers on this NHS quiz. Using your search engine search for www.nhs.uk/oneyou/how-are-you? now complete the quiz.
2. Using your search engine search for BBC quiz of the week. There are several quizzes that you can complete online. Complete one of the quizzes.
3. Adults should aim to eat 700mg of calcium each day. Which of these foods contains 700mg of calcium? 100g Cheddar cheese or 100g spinach. **Cheese**
4. Where does vitamin D come from naturally. **Sun**
5. What British comedian was born on 21st January 1925 **Benny Hill although the Year should have been 1924**
6. What country is the city Whiskeytown in **California**
7. In the Arab world, what would you eat or share with someone as a sign of hospitality? **Bread**
8. What condition is associated with a vitamin D deficiency.? **Rickets**
9. What is angel hair? **Pasta**
10. What country does Lussekatte come from? **Sweden**